

## Aperitif.

## The power of an enjoyable ritual

Did you know that an aperitif not only enhances social gatherings but also aids digestion?

An aperitif before a meal signals to both body and mind that it's time to prepare for dining. With its visual appeal, aroma, and taste, an aperitif stimulates digestion, making it a delightful prelude to the meal while setting a relaxed, sociable tone.

The term "aperitif" originates from the 18th century and is derived from the Latin word aperire (to open), highlighting its digestionboosting qualities.

